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Foreword

Marriage is an extremely important institution in Indian society. Uptil now, marriages in our country were considered to be based on eternal bond of fidelity, love and affection. With society becoming knowledge based and success oriented, this concept is changing. Some problems are now visible in this institution. As such, our youth is under stress, which affects his overall adjustment to social reality.

The book "Indian Marriages-Emerging Trends" by 'Mrs Amrita Nikore', a social psychologist focuses on marital problems, big or small, faced by young men and women in present day society. With her penetrating observation and deep involvement in these problems, she has given excellent guidelines to overcome them with professional approach.

I congratulate the author for her fresh systematic perspective to a highly emotional subject like marriage. The book makes a lively reading since matters related to marriage are presented in a lucid manner. I desire that every young person should read this book and make it as a beacon light for development of their 'self' and 'personality'.

(Dr. Yoganand Shastri)

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अध्यक्ष

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Foreword

Indian Culture is synonymous to social responsibility, it is impossible to sustain its development by discarding its social institutions. As the heritage is rich, so are its norms and rituals, marriage is one of them.

This book '**Indian Marriages—Emerging Trends**' is a brave effort by Amrita Nikore. It is a well seen fact that the modern men & women are exploiting our social resources. So the demand of developmental construction of this institution is much more needed today than before.

Contents in the book are of a very beneficial nature, strained relationships, Marriage Act, counseling and guidance. In the present context, it is dealing with how to register your marriage, its legal implications and problems arising in foreign lands.

Book **Indian Marriages—Emerging Trends** will prove beneficial as well as a guide for the students of Social work, Sociology and Psychology. Those who are very active in social work, counseling and community work could take benefit out of this book.

Marriage now-a-days is becoming a very complex process. Relations between husband & wife are souring. Those who would like to enter into marriage are sometime either confused or strained.

I personally feel that the book will provide a great help in the field of social development to create a balance in the marriage institution of our society in the modern context.

I wish all good wishes and success for this effort of Amrita Nikore.

Motiya Garg
(Motiya Garg)
Chairperson

Foreword

I congratulate Mrs. Amrita Nikore, a reputed educationist and psychologist for her creative work, 'Indian Marriages—Emerging Trends'. The book makes an overview of Marriages in Indian society today and highlights importance of marriage counselling in arresting the recent increase in breakdown of marriages.

—Panna Lal Jaiswal

Eminent Journalist

(National Working President,

Mahamana Malviya Mission, B.H.U.)

Contents

<i>About the Author</i>	11
<i>Prologue of the Book</i>	15
<i>Eloquence of Youth</i>	20
1. Introduction	21
2. Law is a Dynamic Instrument of Transformation of Society	29
3. Hindu Marriage Act (1955) Some Socio-Legal Aspects	30
4. Marriages Today – Some Reflections	41
5. Indian Marriages Abroad – By Choice or Chance	48
6. Emerging Trends in Inter-Religious Marriages in Indian Society	54
7. Marriage Counselling: Fresh Perspectives	65
8. Role of Counselling In Handling Marital Problems	78
9. Factors Affecting Family Relationships	87
10. A Lily in Full Bloom	93
11. My Love is Like a Lovely Rose	94
12. Make Your Marriage A Success	95
13. A Wedding in Snow Time	107
14. Right to Maintenance – A Socio-Legal Perspective	108
15. Register Your Marriage And Feel Comfortable	114
16. Behaviour, Counselling and Personality	127
17. Some Useful Information	138