Preface to NSQF Compliant Edition

Directorate General of Training (DGT) under the Ministry of Skill Development and Entrepreneurship (MSDE) is the apex body in the country as regards planning, formulating and prescribing norms, standards, procedures and guidelines in respect of various vocational training schemes of which Craftsmen Training Scheme (CTS) implemented in ITI's is the most important. Prescribing well designed curriculum and putting in place appropriate assessment and certification procedure are among the vital aspects of vocational training.

Some changes have recently been brought about with respect to curriculum of designated trades under CTS, especially with regard to their compliance with appropriate NSQF levels. These changes have been made effective with the commencement of admission session of 2022. The latest syllabus for Cosmetology (sector: Beauty and Wellness) as revised in 2022 has been notified by DGT. The significant change has been revision of NSQF level of this trade to three.

A cosmetologist's job typically includes work related to cutting and styling hair, performing scalp massages, applying hair colour, manicure, pedicure, facial, doing makeup and much more while also counselling clients how to perform these treatment and techniques in their own homes.

The system of trade test for trade theory subject continues to be through multiple choice questions (MCQs). This Q-Bank has been prepared keeping precisely this aspect in mind. It comprises of a rich set of MCQs for different topics according to latest syllabus and arranged on DGT – NIMI modular pattern. Added to this, a significant aspect is that essential explanatory notes to MCQs have been included so that trainees choose the correct options to MCQs with proper understanding. Moreover, three model papers have also been included for trainees to practice within limited time as they would be required to face in All India Trade Test.

We sincerely hope that trainees will find this Q-Bank very much helpful to adjust with the latest change in syllabus related to Cosmetology trade. We would welcome suggestions for further improvement of this Q-Bank in its subsequent editions.

-G.S. Sethi

Contents

Module 1:	Personality Development	1–8
Module 2:	Sterilization and Sanitization	9–11
Module 3:	Temporary Removal of Superficial Hair	12–20
Module 4:	Manicure and Pedicure	21–27
Module 5:	Shampooing and Conditioning	28–32
Module 6:	Facials and Skin Analysis	33–40
Module 7:	Common Hair Problems	41–45
Module 8:	Hair Cutting and Blow-dry	46–53
Module 9:	Yoga and its Components	54–62
Module 10:	Make Up	63–68
Module 11:	Hair Styling	69–75
Module 12:	Hair Colouring	76–79
Module 13:	Straightening / Re-bonding / Smoothening	80–86
Module 14:	Indian Traditional Beauty Concepts	87–89
Model Paper–1		90–100
Model Paper–2		101–108
Model Paper-3		109–116